

30-DAY DECLUTTERING CHALLENGE

PART 1

	DAY 1	DAY 2	DAY 3	DAY 4	DAY 5
KITCHEN	<i>Toss damaged/ discolored storage containers and unpaired lids</i>	<i>Eliminate Your Junk Drawer by creating proper homes for items</i>	<i>Set free unused/damaged Pots and Pans</i>	<i>Clean out Your Silverware Drawer. Donate the extra pieces</i>	<i>Remove ragged dishtowels. Donate to local animal shelter</i>
	DAY 6	DAY 7	DAY 8	DAY 9	DAY 10
CLOTHES	<i>Toss or donate old shoes and purses you no longer use</i>	<i>Toss hanging items that are threadbare, faded, or holey</i>	<i>Get Rid of Old Socks, Underwear and Nightwear</i>	<i>Ruthlessly review your t-shirts. Let them go!!!</i>	<i>Go Through Jeans, only keep what fits and makes you feel good.</i>
	DAY 11	DAY 12	DAY 13	DAY 14	DAY 15
LIVING ROOM	<i>Eliminate Worn-out throw pillows and blankets</i>	<i>Donate Seasonal decor items</i>	<i>Dispose of useless Remotes</i>	<i>Remove Kids' toys to their proper place</i>	<i>Remove and donate Decor items that no longer match</i>
	DAY 16	DAY 17	DAY 18	DAY 19	DAY 20
BATH ROOM	<i>Donate Old, worn-out towels and washcloths to animal rescues</i>	<i>Throw out Disintegrated soap bars</i>	<i>Toss Makeup that you no longer wear</i>	<i>Throw away Expired beauty products</i>	<i>Trash Old hairbrushes, combs and used hair accessories</i>
	DAY 21	DAY 22	DAY 23	DAY 24	DAY 25
OFFICE	<i>Trash or shred Receipts you no longer need</i>	<i>Pens and markers that are dried out.. got to go!!</i>	<i>Set free Mystery cords & cables</i>	<i>Why are you keeping Expired coupons?</i>	<i>Outdated technology / software. Get rid of it</i>
	DAY 26	DAY 27	DAY 28	DAY 29	DAY 30
GARAGE	<i>Bag up Trash and throw it out... doesn't that feel good</i>	<i>Properly dispose of old paint, thinners, varnishes etc</i>	<i>Free yourself of Damaged tools & equipment</i>	<i>Flatten and recycle Empty boxes</i>	<i>Toss out dirty rags</i>