

STOP JUNK MAIL

<http://www.dmachoice.org>

This site will help you eliminate offers for

- Credit Offers
- Catalogs
- Magazine Offers (this includes subscription offers, newsletters, periodicals and other promotional mailings)
- Other Mail Offers (this includes donation requests, bank offers, retail offers, promotions and more)

Please note: there is now a small fee of \$2 to unsubscribe through DMA Choice

<http://www.catalogchoice.org>

Allows you to unsubscribe from catalogs and mailers one at a time and it is free

<http://www.optoutprescreen.com>

To eliminate credit card promotional mailings, You will have the opportunity to choose either a five-year removal or a permanent removal. To eliminat

<http://www.therealyellowpages.com>

To opt out of yellow pages and other phone directories

STOP JUNK MAIL

<https://www.charitywatch.org/charitywatch-articles/seven-tips-for-reducing-unwanted-mail-and-phone-appeals/43>

<http://www.valpak.com>

Have your name removed from their physical mailers a l